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# Characterization of Pectin Nanocoatings at Polystyrene and Titanium Surfaces

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## ABSTRACT

The titanium implant surface plays a crucial role for implant incorporation into bone. A new strategy to improve implant integration in a bone is to develop surface nanocoatings with plant-derived polysaccharides able to increase adhesion of bone cells to the implant surface. The aim of the present study was to physically characterize and compare polystyrene and titanium surfaces nanocoated with different Rhamnogalacturonan-Is (RG-I) and to visualize RG-I nanocoatings. RG-Is from potato and apple were coated on aminated surfaces of polystyrene, titanium discs and titanium implants. To characterize, compare and visualize the surface nanocoatings measurements of contact angle measurements and surface roughness with atomic force microscopy, scanning electron microscopy, and confocal microscopy was performed. We found that, both unmodified and enzymatic modified RG-Is influenced surface wettability, without any major effect on surface roughness (Sa, Sdr). Furthermore, we demonstrated that it is possible to visualize the pectin RG-Is molecules and even the nanocoatings on titanium surfaces, which have not been presented before. The comparison between polystyrene and titanium surface showed that the used material affected the physical properties of non-coated and coated surfaces. RG-Is should be considered as a candidate for new materials as organic nanocoatings for biomaterials in order to improve bone healing.

**Keywords:** Surface Properties; Titanium; Polystyrene; Rhamnogalacturonan-I; Osseointegration

## 1. Introduction

The implant surface plays a crucial role for implant incorporation into the bone and implant surface modifications which are continuously developed in attempts to enhance and accelerate bone formation at the implant surface [1-5]. The development has been approached by chemically and physically modifications of the surface [1,3-8]. The first concept focuses on incorporating inorganic and/or organic molecules at the surface whereas the second focuses on changing surface properties including the surface topography [3,9]. The chemical and physical surface modification can be performed at different levels [1,3,6]. From a biological point of view, the osseointegration process takes place at the cellular level,

and therefore especially micro and nanoscale investigations have great importance for developing new surfaces [4,6]. It has been demonstrated that nanoscale modification of titanium implants affects surface properties, such as hydrophilicity, biochemical bonding capacity and roughness, which influence cell behaviour on the surface such as adhesion, proliferation and differentiation of cells as well as the mineralization of the extracellular matrix at the implant surfaces [2,4-6,9-12].

The inorganic and organic nanocoatings are continuously developed and tested *in vitro* and *in vivo*. For *in vitro* examination, Tissue Culture Polystyrene Surfaces (TCPS) or titanium discs (Grade 2 or 4) are most frequently used [9], whereas for *in vivo* experiments titanium implant surfaces of Grade 4 titanium are the most frequently used [1,12]. To obtain the best conformity be-

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tween *in vitro* and *in vivo* studies and thereby the best prerequisite for interpretation of *in vitro* results, studies characterizing and comparing how nanocoatings influence the surfaces are important.

It has been shown that both polystyrene and titanium surfaces coated with Rhamnogalacturonan-I (RG-I) affect osteoblast cell responses. By enhancing osteoblast attachment, proliferation and mineralization compared to uncoated surfaces [9-11,13-17]. The biological mechanism when nanocoating RG-Is onto polystyrene and titanium surfaces is however still not fully understood. The positive biological effect might be connected to RG-Is' structure, but also to the change of surface properties caused by RG-Is nanocoatings.

The aim of the presented study was to physically characterize and compare polystyrene and titanium surfaces nanocoated with different Rhamnogalacturonan-Is (RG-Is) and to visualize the RG-I nanocoatings.

## 2. Materials and Methods

In order to characterize the RG-Is pectin nanocoating, three different types of material surfaces were used: 1) Tissue Culture Polystyrene Plates (TCPS), (Nunc, Roskilde, Denmark) with a diameter of 60 mm; 2) titanium discs (Ti discs) with a diameter of 13 mm (Astra Tech, Mölnådal, Sweden); 3) titanium implants (Ti implants) with a diameter of 3.5 mm and a length of 8 mm (ANKYLOS, Dentsply, Konstanz, Germany). We included 7 different surfaces. Five were coated with RG-Is and two were non-coated (Table 1).

### 2.1. Coating Procedure

To obtain a covalent bonding between the surfaces and

**Table 1. Surfaces and nanocoatings used in the study.**

Surface		Material of the surface		
		Polystyrene	Titanium	
		TCPS	Ti discs	Ti implants
Non-coated	Untreated	+	+	+
	Aminated	+	+	+
	PU	+	+	+
	PA	+	+	+
Coated	PG	+	+	–
	PAG	+	+	–
	AU	+	+	+

+ used in study; – not used in the study; TCPS: Tissue Culture Polystyrene Surface Plates; Ti discs: Titanium discs, Ti implants: Titanium implants; PU: Potato unmodified RG-I, PA: Potato dearabinanated RG-I; PG: Potato degalactanated RG-I; PAG: Potato dearabinanated degalactanated RG-I; AU: Apple unmodified RG-I, RG-I: Rhamnogalacturonan-I.

the RG-I coatings all coated surfaces were aminated. Surface amination of Tissue Culture Polystyrene Plates (TCPS), titanium (Ti) discs and implants was performed by plasma polymerization of allylamine following the procedure described by Morra *et al.* [16] The RG-Is were covalently coupled via reaction between the carboxyl groups present in GalA of the RG-I backbone and the primary amino groups on the surface [16].

### 2.2. Physical Characterization

Physical characterization of TCPS and titanium surfaces was performed using contact angle measurements for wettability, scanning electron microscopy (SEM) for visualization of the surface texture and atomic force microscope (AFM) for surface roughness measurements and visualization of the nanocoating. The measurements were performed on 3 samples ( $n = 3$ ) of the TCPS, the Ti discs and the Ti implants and at four different areas ( $m = 4$ ) for each sample. The measurement areas of TCPS and Ti discs were selected randomly on the surface and at the Ti implants the measurements were performed at the top, valley and flanks according to recommendation by Wennerberg (2010) [18].

1) Contact angles (sessile angle) were measured using a KRÜSS Drop Shape Analysis System, DSA10-Mk2 (Krüss GmbH, Hamburg, Germany). A water droplet (2.5  $\mu\text{L}$  on TCPS plates and Ti discs surface and 1  $\mu\text{L}$  on crest of Ti implants surface) was dropped on the surface and recorded photographically. Contact angles were measured in the recorded image by using drop shape analysis software, Scientific Drop Shape Analysis Software, DSA 1, Version 1.70 (Krüss GmbH, Hamburg, Germany) and a curve fitting method (Tangent Method-1).

2) Scanning Electron Microscopy (SEM) was performed with a ZEISS Ultra 55 scanning electron microscope (Carl Zeiss NTS GmbH, Oberkochen, Germany) operating at 3 kV and 20 kV in the secondary electron imaging mode. Images were collected at 1 K, 5 K, 10 K, 20 K, 30 K, 35 K, 40 K or 50 K.

3) Surface roughness was measured with a metrologic Atomic Force Microscope (AFM) DIM3100m (Bruker AXS Inc., Fitchburg, WI, USA). The AFM had a scan volume of  $70 \mu\text{m} \times 70 \mu\text{m} \times 7 \mu\text{m}$  and intermittent scan mode (tapping mode) was used to minimize interaction force between tip and sample. The applied tip had a specified tip radius of 10 nm. The samples were scanned with a scan rate of 0.1 Hz to minimize scan artefacts in the image profiles. For the analysis of the roughness measurements, the scanned images were pre-processed with a first order lateral plane fit. This corrects for the residual sample tilt and no further filtering was applied. The parameters selected for analysis of surface roughness were  $S_a$  and  $S_{dr}$  using an area of  $20 \mu\text{m} \times 20 \mu\text{m}$ . [3] The same conditions and equipment were used for visualiza-

tion of RG-I nanocoatings on titanium implant surfaces, but the measurements were performed with  $1 \times 1 \mu\text{m}$  scan area.

### 2.3. Visualization of RG-Is Nanocoatings

1) For visualization of RG-Is structures Atomic Force Microscopy (AFM) imaging was performed using a multimode AFM (Bruker AXS Inc., Fitchburg, WI, USA) with a Nano V controller. RG-Is from potato unmodified (PU), potato dearabinanated (PA), potato degalactanated (PG), potato dearabinanated degalactanated (PAG) and apple unmodified (AU) were dispersed into mili-Q water to a concentration of  $1 \mu\text{g} \cdot \text{mL}^{-1}$ . Aliquots ( $10 \text{ mL}^{-1}$ ) of the diluted RG-Is samples were deposited onto a freshly-cleaved molecularly smooth surface [19-21] (Mica surfaces, Sa  $\sim 0 \text{ nm}$ , Tedpella, Redding, CA, USA) and allowed to dry under ambient conditions before imaging by AFM in air [22]. The samples were scanned in intermittent “tapping” mode with commercial tips “SSS-NCH” from NanoSensors with a tip radius of  $2 \text{ nm}$ . Scannings was performed in ambient conditions. The scan rate was set to  $0.5 \text{ Hz}$  to limit the scan speed to  $1 \mu\text{m/s}$  for a typical sized image of  $1 \mu\text{m} \times 1 \mu\text{m}$ . Using the image processing software SPIP (Image Metrology, Hørsholm, Denmark), the data was line-wise tilt-corrected with a first order fit restricted to the data points of the Mica surface only. This allows accurate height measurements relative to the flat Mica reference surface with measurement uncertainties below  $1 \text{ nm}$ .

2) Immunofluorescence labeling and confocal microscopy was performed on four implants, one non-coated aminated Ti implant and three coated Ti implants with (PU, PA, AU). The implants were placed in polystyrene 24-well plate (Nunc, Roskilde, Denmark) in separated wells and blocked for  $15 \text{ min}$  with  $1 \text{ ml/well}$  of 5% skimmed milk from Applichem (Darmstadt, Germany) (5% solution of fat-free milk powder in phosphate buffered saline (PBS), pH 7.2). Skimmed milk was removed from the well and  $1 \text{ ml/well}$  of anti—(1  $\rightarrow$  4)— $\beta$ -galactan LM5 (IgG2c) (PlantProbes, Leeds, UK) diluted 1:10 in 5% skimmed milk was added and placed on a shaker for  $2 \text{ h}$ . LM5 was removed from all wells and all implants were washed with 5% skimmed milk 3 times (after adding the milk to the wells, the plate was placed on a shaker for  $5 \text{ min}$ ). Secondary antibody, goat anti-rat IgG for LM5 linked to FITC (fluorescein isothiocyanate) from Sigma-Aldrich (Brøndby, Denmark) was diluted 1:200 in 5% of skimmed milk and applied  $1 \text{ ml/well}$ . The plate was covered by aluminum foil and placed on shaker for  $2 \text{ hours}$ . Subsequently, implants were washed three times.  $1 \text{ ml}$  of PBS was added to each well in order to store the implants until examination by confocal microscopy at 4 degrees. Confocal images were done with a Leica TCS-SP5 II confocal laser scanning microscope (Leica Mi-

croscopy, Exton, PA, USA) with PL Fluotar 10/x0.30 DRY objective with the same setting and conditions as described in our previous work [23].

### 2.4. Osteoblast Cell Culture

SaOS-2 osteoblast-like cells were grown on Ti implants under the same conditions as described in our previous studies [23]. The cell morphology observations were done with a Leica TCS-SP5 II confocal laser scanning microscope (Leica Microsystems, Exton, PA, USA).

### 2.5. Statistical Analysis

Descriptive statistics were calculated as mean values and standard errors of the mean. Results of surface analysis experiments were analysed using ANOVA tests and Bonferroni corrections for multiple comparisons using SPSS 11.5 software. A significance level of 0.05 was used throughout the study. More sensitive statistics between uncoated (untreated and aminated) samples and coated (PU, PA, PG, PAG, AU) samples, as well as between different type of surfaces (TCPS, Ti discs and Ti implants) was applied.

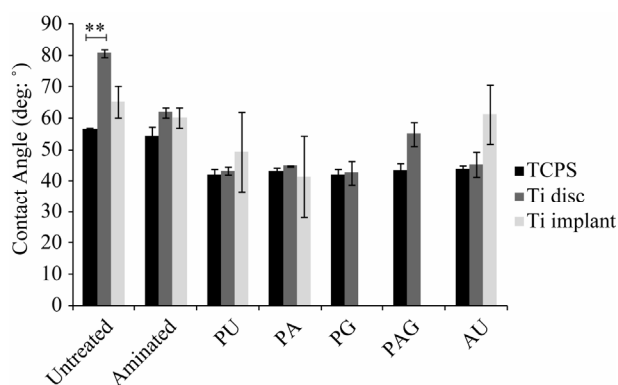
## 3. Results

### 3.1. Physical Characterization

#### 3.1.1. Contact Angle

When the contact angles of the 3 surfaces (TCPS, Ti discs, Ti implants) were compared only significant differences were found between TCPS and Ti disc surfaces ( $p = 0.004$ ). The highest SEM values were found for the titanium implants (**Figure 1**).

When all 3 different surfaces were compiled the con-



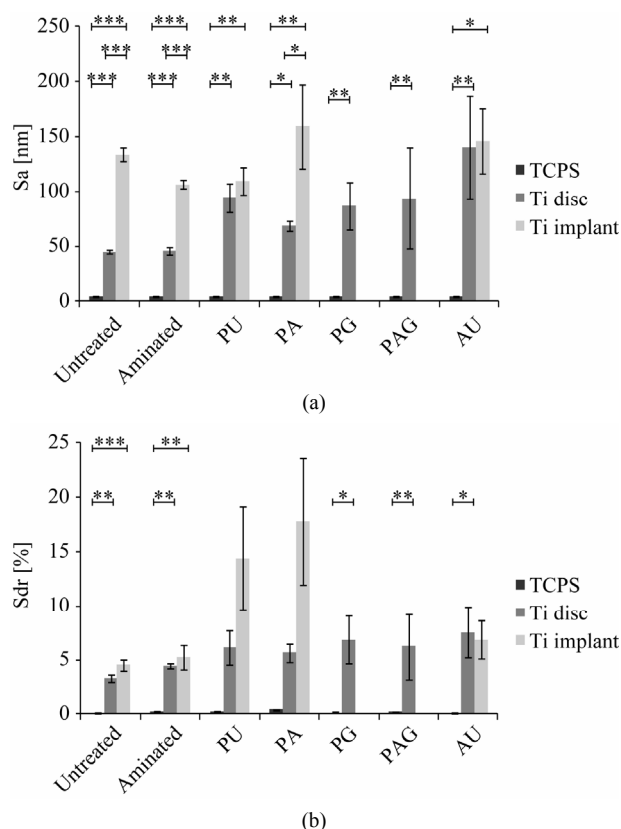
**Figure 1.** The contact angle (sessile angle) measurements results represent mean contact angle values and standard error of the mean (mean  $\pm$  SEM). Uncoated surfaces: untreated, aminated and coated surfaces: PU (potato unmodified), PA (potato dearabinanated), PG (potato degalactanated), PAG (potato dearabinanated and degalactanated) and AU (apple unmodified) of TCPS, Ti discs and Ti implants surfaces. Ti: titanium.

tact angle measurements demonstrated that nanocoating with RG-Is (PU, PA, PG, PAG, AU), gave significantly ( $p = 0.006$ ) lower contact angles compared to the non-coated control surfaces (untreated and aminated) (**Figure 1**). RG-I surfaces coated with PU ( $p = 0.02$ ), PA ( $p = 0.01$ ) and PG ( $p = 0.02$ ) had significantly lower contact angles compare to the untreated surfaces.

When analyzing differences between non-coated and coated TCPS surfaces significant differences were found for all coatings ( $p < 0.001$ ). For the Ti discs significant differences were found for all coatings compared to controls, except for PAG compared to aminated surfaces. For the titanium implants no significant differences between coated and non-coated surfaces (**Figure 1**).

### 3.1.2. Surface Roughness

The results for surface roughness (Sa, Sdr) measurements are shown in **Figures 2(a)** and **(b)**. In general the Ti implants were significantly more rough than the Ti discs, which were significantly more rough than the TCPS plates.



**Figure 2.** Surface roughness measured with AFM and represented by amplitude parameter (Sa) (a) and hybrid parameter (Sdr); (b) (means  $\pm$  SEM). Untreated, aminated, PU (potato unmodified), PA (potato dearabinanated), PG (potato degalactanated), PAG (potato dearabinanated and degalactanated) and AU (apple unmodified) of TCPS, Ti discs and Ti implants surfaces. Ti: titanium.

When the 3 different surfaces were compiled no significant differences in Sa ( $p = 0.97$ ) and Sdr ( $p = 0.86$ ) values were found between coated and non-coated surfaces.

When analyzing differences for the TCPS surfaces, significant differences in Sa value were found for nanocoating with PU ( $p = 0.02$ ), PA ( $p = 0.003$ ), PG ( $p = 0.001$ ), PAG ( $p = 0.001$ ) and AU ( $p = 0.001$ ) compared to untreated TCPS surface, but not to the aminated surfaces. When analyzing differences in Sa value of non-coated and coated surfaces of Ti discs the only significant difference ( $p = 0.011$ ) was found between AU coated and untreated Ti discs ( $p = 0.016$ ) and aminated Ti discs ( $p = 0.018$ ). When analyzing differences in Sdr values of uncoated and coated surfaces the only significant difference was found on TCPS surfaces ( $p = 0.013$ ), between PU coated TCPS and non-coated TCPS surfaces ( $p = 0.026$ ). No significant differences in Sa and Sdr values were found between coated and non-coated Ti implants.

### 3.1.3. Scanning Electron Microscopy (SEM)

The SEM images of TCPS, Ti disc and Ti implants (**Figure 3**) showed differences in surface texture. On the surface of titanium discs and implants, the texture pattern (machined surface) from the manufacturing process could be observed on the SEM images.

## 3.2. Visualization of Pectin Nanocoatings

### 3.2.1. RG-Is Structure Observed with AFM

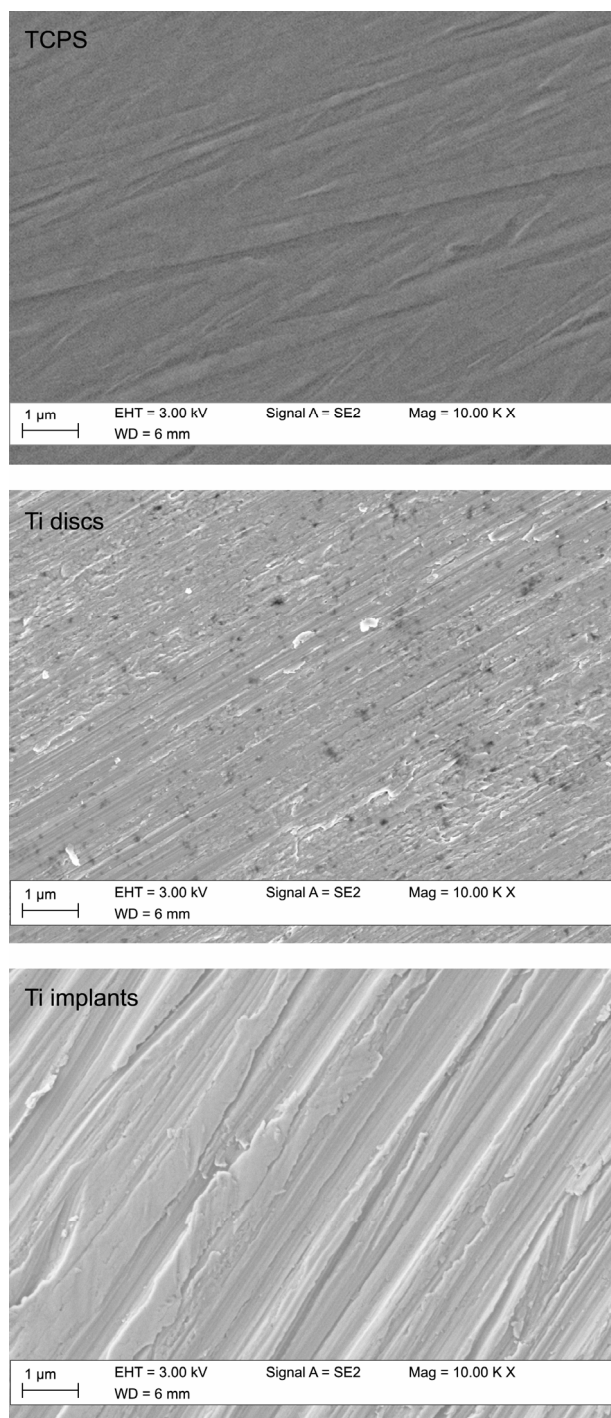
The structure of potato RG-Is (scan area of  $1 \mu\text{m} \times 1 \mu\text{m}$ ) is demonstrated at **Figure 4**. The enzymatic modification reduces the size of the pectin molecule. More than 70 measurements were conducted for each type for various individual pectins. The height of the potato RG-Is are shown in **Figure 5**. The results are sorted in decreasing order for better visualization of the height differences. After enzymatic modification of the arabinan and galactan side chains, the height of PU decreased significantly by approximately 3 nm on average (**Figure 5**).

### 3.2.2. RG-Is Nanocoating on Titanium Implant Surfaces Visualized with AFM

A representative 3D image of PA RG-I nanocoating is shown in **Figure 6** with linear structures and a heterogeneous distribution of the RG-I molecules on the surface of the Ti implants.

### 3.2.3. Immunofluorescence Labeling and Confocal Microscopy

The confocal images showed presence of RG-Is nanocoating on the coated titanium implant surface compared to control aminated titanium implant surface (**Figure 7**).



**Figure 3. Representative images of untreated control surface of TCPS, Ti disc and Ti implant performed with SEM at 3 kV. TCPS: Tissue Polystyrene Plate, Ti: titanium, WD: working distance, EHT: the high voltage, SE2: type of detector.**

### 3.3. Osteoblast Cell Culture

The confocal images from the Ti implants cultured with SaO2 cells (**Figure 8**) showed spread morphology of the osteoblast-like cells on RG-Is nanocoated titanium im-

plants as well as on the control aminated Ti implant.

## 4. Discussion

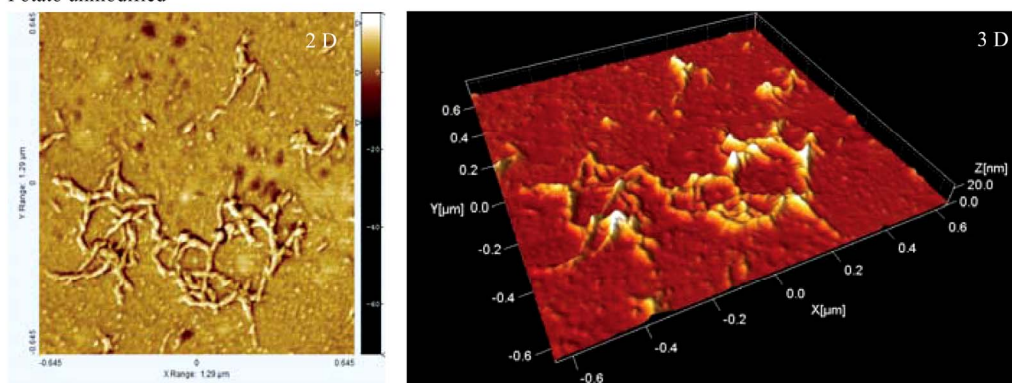
In this work, we assessed the effect on physical properties of nanocoatings with potato and apple RG-Is to polystyrene and titanium surfaces. We found that native (PU, AU) and modified RG-Is (PA, PG, PAG) influenced surface wettability, without any major influence on surface roughness (Sa, Sdr). Furthermore, we demonstrated that it is possible to visualize the pectin molecules and even the nanocoatings on titanium surfaces, which have not been presented before. The comparison between polystyrene and titanium surfaces showed that both materials became more hydrophilic after nanocoating and that the RG-I molecules did not have any major effect on the surface roughness.

In accordance with the present study, a number of other studies have demonstrated that RG-Is nanocoatings influenced the physical properties of polystyrene [11,13,16,17] and titanium surfaces [10,14,15,23]. According to findings by Morra *et al.* (2004), the difference in wettability between RG-I coated and non-coated polystyrene surfaces is caused by changes in the chemical composition after coating with RG-Is [16]. The same results were presented in a work by Kokkonen *et al.* (2006), where the authors proposed that the RG-Is' side chains produce a hydrated gel-like surface [11]. Our previous work also demonstrated that by changing the chemical composition of the surface with RG-Is nanocoatings the wettability of the polystyrene surface was affected and the surface became more hydrophilic compared to non-coated control surfaces [14]. The same results were observed on titanium surfaces showing that coating with RG-Is gave rise to smaller contact angles compared to the controls *i.e.* more hydrophilic surfaces [10,14,23]. In our study the comparison of different surface TCPS, Ti discs and Ti implants coated with RG-Is confirmed these findings. However at the titanium implants there was a limited access to measurements, which may explain the lack of significant difference in the contact angle between coated and non-coated surfaces. The increased hydrophilicity obtained by nanocoating with RG-Is seemed to be similar at the TCPS, Ti discs and titanium implants. The fact that RG-I coatings created a more hydrophilic surface can have a positive impact on osseointegration, as hydrophilic surfaces are more suitable for interaction with biological fluids, cells and tissues than a more hydrophobic surface [24]. In our study, a significant decrease in the contact angle on the surface coated with PU, PA and PG was shown, compared to the untreated control surface. Therefore, these RG-Is should be considered for further *in vitro* and *in vivo* studies.

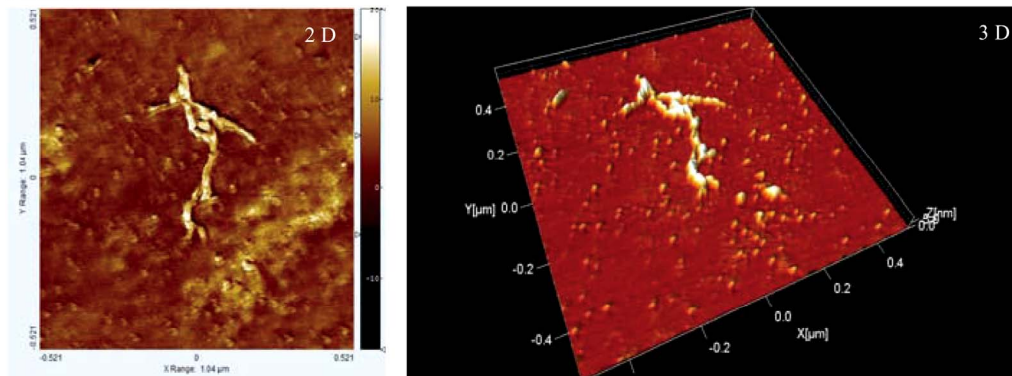
The change in wettability of the surface has been reported to be related not only to chemical modification but



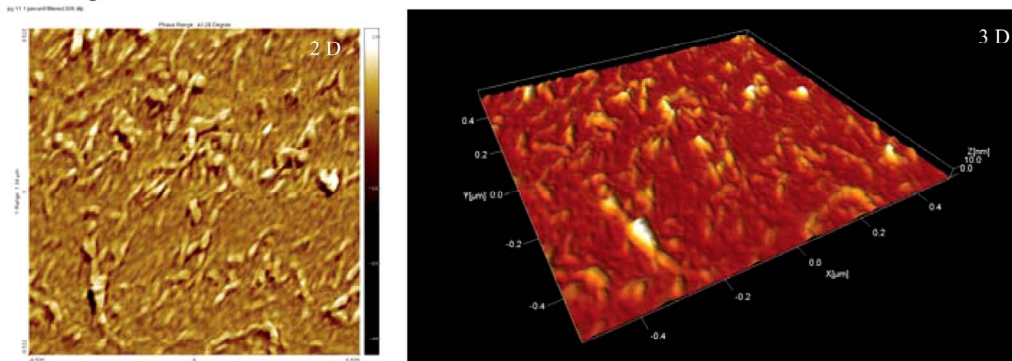
Potato unmodified



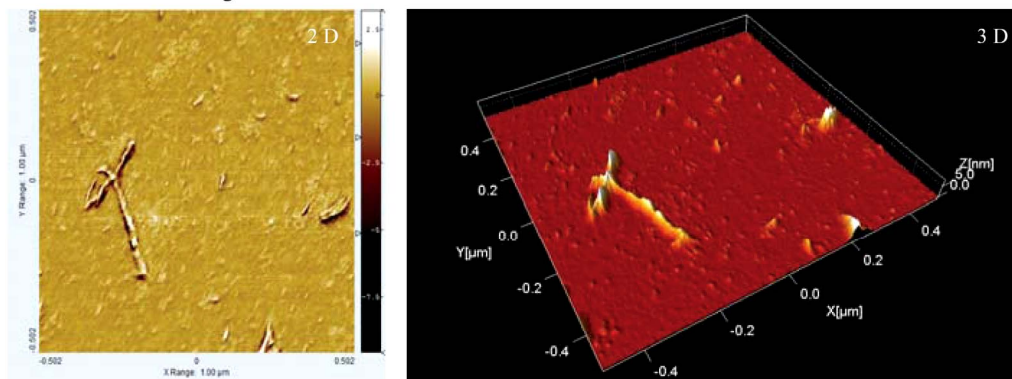
Potato dearabinanated



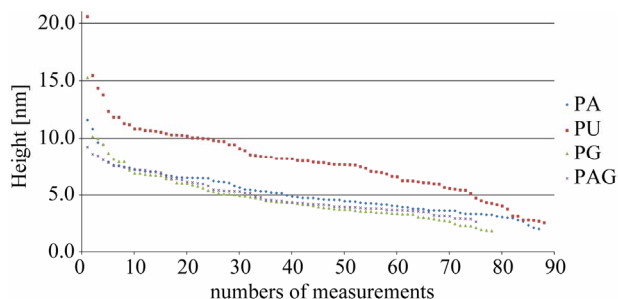
Potato degalactanated



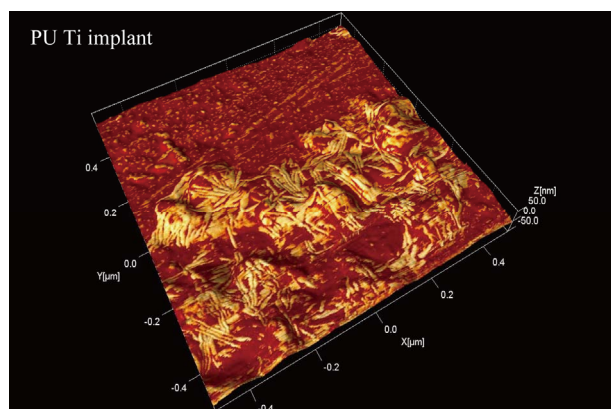
Potato dearabinanated degalactanated



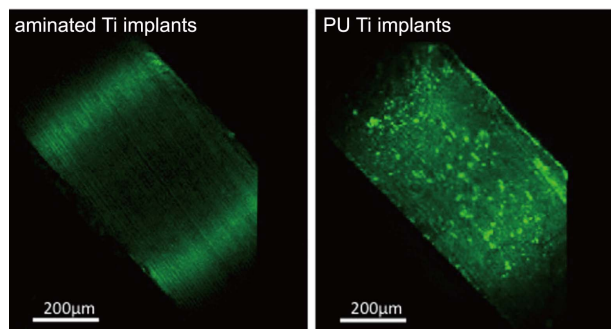
**Figure 4. Representative images (2D and 3D) of RG-Is structure: potato unmodified (PU), potato dearabinanated (PA), potato degalactanated (PG), potato dearabinanated degalactanated (PAG) on mica surface measured with a Multimode AFM 1  $\mu\text{m} \times 1 \mu\text{m}$ .**



**Figure 5.** Distribution plot of height measurements in nm of RG-Is structure of PU, PA, PG, PAG performed with AFM on Mica surface with  $1\ \mu\text{m} \times 1\ \mu\text{m}$  magnification. Potato unmodified (PU), potato dearabinanated (PA) and potato degalactanated (PG) and potato dearabinanated degalactanated (PAG).

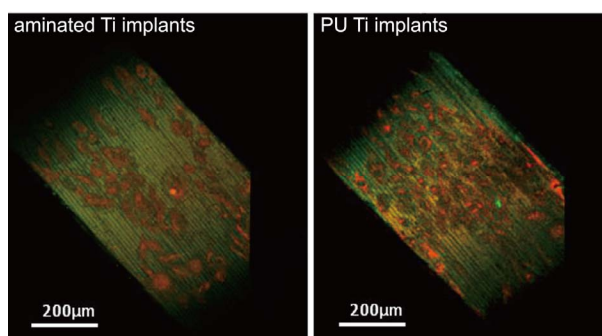


**Figure 6.** Representative image (3D) of RG-I nanocoating on aminated titanium implant surface coated with potato dearabinanated (PA aminated Ti implant), magnification  $1 \times 1\ \mu\text{m}$ , measured using AFM with intermittent "Tapping mode".



**Figure 7.** Representative confocal images of RG-Is nanocoating visualised with immunofluorescence labeling by primary antibody, anti-(1 → 4)-β-galactan LM5 (IgG2c) and secondary antibody, goat anti-rat IgG for LM5 linked to FITC. Control: aminated Ti implant, Coated: PU Ti implant; Ti: titanium, PU: potato unmodified.

also to the topographical changes of the surface [25,26]. Our surface roughness results showed that the RG-Is used for nanocoating in general did not significantly affect the roughness of the examined surfaces, which is in



**Figure 8.** Representative confocal images of SaOS-2 cells stained with Vybrant Cell-Labeling Solutions and cultured on Ti implants surface nanocoated with RG-Is. Control: aminated Ti implant, Coated: PU Ti implant; Ti: titanium, PU: potato unmodified.

accordance with findings from Morra *et al.* (2004) [16]. The reason for different results of surface roughness ( $S_a$ ,  $S_{dr}$ ) on polystyrene and titanium surface, when each of the surface groups was compared, can be explained by differences in surface texture, illustrated by the SEM images. It has also to be noticed that the surface roughness was measured by AFM on a  $20\ \mu\text{m} \times 20\ \mu\text{m}$  square area as recommended for a non quantitative overview of the nanopopography [27]. Higher magnification would probably show difference between nanocoated and non-coated surfaces as the RG-I molecules used for coating are around 100 nm in size. Thus, our measurements performed with AFM on a  $1\ \mu\text{m} \times 1\ \mu\text{m}$  area clearly visualized the RG-Is nanocoating also on the titanium implant surface. Nanocoatings of that size have not previously been demonstrated. The visualization of the nanocoating may be important for characterizing the physical properties of the nanocoated surface. The structure, as well as the distribution and the topography of the nanocoating, may play an important role in cell adhesion, as the nanocoating can mimic the extracellular matrix (ECM) [28]. In the present study, we also visualized RG-Is nanocoating on titanium implants by immunofluorescence staining using the primary LM5 antibody, which specifically binds to galactan side chains. By using the AFM technique with atomically smooth surfaces, we were able to visualize and analyze the height and length of RG-Is from potato. The length of the individual molecule was in the range of 100 nm, which is in agreement with other studies [22]. The height measurements showed a decrease in the height of modified RG-Is (PA, PG, PAG) compared to unmodified RG-Is (PU), which showed that enzymatic modification changed the RG-Is structure. This corresponds to our previous findings, demonstrating that enzymatic treatment of RG-Is decreases the amount of galactan and arabinan in modified RG-Is compared to unmodified RG-Is (PU). [14] Our height measurements of modified RG-Is have not allowed us to distinguish



between dearabinanated, degalactananated and debranched structures and therefore more detailed investigations with AFM in “liquid cell” (AFM imaging in liquids) are necessary [29].

The osteoblast-like cells (SaOS2) grown on Ti implants were spread on the surface, however the morphology, cell viability and proliferation studies remain to be performed to examine the osteoblast behavior on titanium implant surface coated with RG-Is. On the other hand, our previous studies showed a significant increase in cell viability and matrix mineralization of the same type of cells (SaOS2) on polystyrene and titanium discs surfaces coated with RG-Is containing higher amounts of galactose compared to controls [14]. Recent *in vitro* studies [10,11,14–16] showed that the nanocoating of RG-I with high amounts of galactose enhanced osteoblast spreading and growth, in contrast to the nanocoating of RG-I with high amounts of arabinose, which leads to aggregation and decreased proliferation [11,13,14,16,17]. This finding suggests that linear 1,4-linked galactans are important for osteoblast adhesion, and that high content of arabinose can shield the galactans, and thus prohibiting their interaction with osteoblasts [30]. It has previously been shown that Galectin-3 binds specifically to galactose residues [31]. As the osteoblastic cells contain Galectin-3, it could therefore be speculated that osteoblast interaction with the RG-I galactans is mediated through Galectin-3. In addition, titanium surfaces coated with RG-Is have been shown to positively influence cell adhesion, morphology, proliferation and mineralization [10,15,23]. The positive cell response on plant-derived molecules, especially RG-I with high amount of galactose, opens new direction in the development of organic nanocoatings for biomaterials in order to improve bone healing.

## 5. Acknowledgements

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